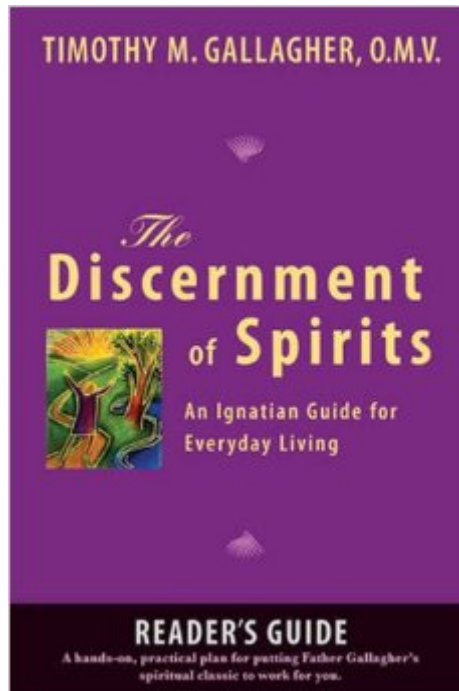


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# The Discernment Of Spirits: A Reader's Guide: An Ignatian Guide For Everyday Living



## Synopsis

This handy, easy-to-use workbook is chock full of probing questions, real-life stories, and practical tips on how to apply the profound spiritual insights from the Ignatian tradition of patient, prayerful self-examination. Acclaimed interpreter of Saint Ignatius, author Father Gallagher provides clear explanations of the centuries-old Jesuit method of discerning God's will in one's life and avoiding evil. A practical guide and journaling tool, it includes ample space on every page for notes, reflections, and journaling, all to help readers track their progress toward a closer, more loving union with God.

## Book Information

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## Customer Reviews

As a Spiritual Director, this is a must read for all my directees. Everyone who is walking with God in their journey NEEDS this book. It is a playbook against the enemy.

When you start to feel negative thought that trouble your mind you can bet it is not of God. The book along with this workbook explains this in a practical, simple to understand, way. Very helpful!

How I wish this I had been introduced to this book 30 years ago. What Father Timothy Gallagher has done in this book and its companion can only be compared to how a loving shepherd leads his sheep through a minefield to the safety of verdant pastures. Through his detailed and clear explanation of the 14 Rules of Discernment of Spirits along with practical examples and scenarios, Father Timothy has provided the reader a roadmap out of the chaos and deceptive paths of the evil

one. Listening to his lectures, reading the book and working through the prescribed exercises in the workbook through prayers will be used by God to set the captives free. It should be a "primer" for all.

St. Ignatius has given us the tools to recognize our spiritual ups and downs, and how to deal with them. The methods and insights presented here are incredibly valuable and potentially life-changing.

A great companion to the book of the same name.

The set of books guide and book were very helpful

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